

Sisters of St. Dominic
Senior Companion Program
5635 Erie St.
Racine, WI 53402



Senior
Companion
Program



NEWSLETTER

Summer 2021

Our Vision

We recognize and respect the dignity and value of each human being.

Our Mission

The Senior Companion Program, Inc. (SCP) enhances the quality of life for adults through socialization and information.

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Senior Companion Program is a sponsored ministry of the Racine Dominicans.

RENEWING YOUR SPIRIT

by Sue Craanen



The past 15 months have been very difficult for not only the elderly but the younger and middle aged generations as well. However, those who seemed to have suffered more than others were individuals living alone and were unable to see family members, friends, or neighbors.

Families, however, have been able to spend more time together especially with their children and having to stay home while working. Therefore, it seems that better relationships are being developed amongst parents with their children. It is great to see mom and dad along with children sharing their time playing, walking the dog, or just sitting on the porch.

As the weather is changing and restrictions in the community are lessening, take time out of your busy day and enjoy the beauty that surrounds you. Walk through your neighborhood, reintroduce yourself to your neighbors, smell the flowers around you, and take time to listen to all the wonderful blessings nature has to offer. Always remember that time can pass you by too quickly. Make each moment count not only for you but for others around you.

Now is the time for each of us to renew and reenergize our spirit with the beauty that surrounds us!



Summer is messy,
Summer is fun,

Summer is spending all day in the sun.

Summer is campfires, s'mores and late nights,

Summer is windy days spent flying kites.

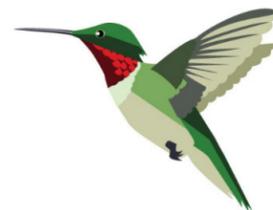
Summer is tan lines and splashing in lakes,

Summer is mornings with chocolate pancakes.

Summer is time spent with family and friends,

Summer is hoping that it never ends.

~Author unknown



WELCOME OUR NEWEST PROGRAM MEMBER!

Madeline was in need of socialization and interaction, especially after this unusually secluded past year. She was referred to us in May by her in-home care specialist. Madeline was born in Milwaukee. She was married to an Army veteran of 27 years. They raised a son in the Racine area. She worked in various jobs as a waitress and several factory positions. Madeline currently lives in her own home with her son, but spends a good part of the day alone. Vera, a valued volunteer of ours for many years agreed to begin calling Madeline. They are planning on meeting in person very soon! Madeline and Vera share an interest in jigsaw puzzles, therefore, Vera offered to share her collection with Madeline. Madeline's other interests are playing board games, watching television, playing cards and spending time with her shepherd mix, Nelson. Welcome Madeline! We are happy to have you in the Senior Companion Program!



If you know of someone who would benefit from having a Senior Companion or if you are interested in becoming a volunteer in our program please see our contact information listed on the front of this newsletter.

AN ENJOYABLE PRESENTATION



On May 19th we visited a wonderful group of adults at Grace Evangelical Lutheran Church. We were happy to talk about the history of the Senior Companion Program and explain how we go about matching volunteers with seniors in the Racine area who are in need of socialization.

Our Board Vice President, Al Poeppel joined us and gave his perspective on what it is like to be a volunteer with SCP and how much he enjoys visiting his senior companion, Richard. We were thankful to have the opportunity to share our program with such a caring congregation! Thank you Grace Evangelical Lutheran Church!

If your organization would be interested in hearing more about SCP, please see our contact information on the front of this newsletter.

MEET RICK KAIS

We are very happy to announce that Rick Kais will be joining the Senior Companion Program Board beginning in September.

He comes to us with many talents that will be beneficial to serving the seniors in our community. Rick was a math teacher for 44 years, has served on a parish council and has been a Meals on Wheels distributor for seven years. Besides his experience in education and instruction, he possesses skills in policy development, program evaluation and public relations communications. In his spare time, Rick enjoys traveling, playing golf, dining out, playing sheepshead and spending time with his two year old granddaughter. We welcome Rick to the program and look forward to working with him very soon!



Summer Word Search

P	C	Z	O	B	V	V	P	H	K	M	O	S	Q	U	I	T	O	E	S	Q	E
Y	A	N	U	Z	S	P	Y	W	H	F	B	T	H	F	J	A	C	S	W	Z	Q
O	M	I	F	E	S	T	I	V	A	L	S	E	R	U	I	T	T	F	I	H	K
T	P	O	P	S	I	C	L	E	S	O	U	A	I	P	M	S	Y	P	M	I	F
V	I	U	H	V	B	W	M	D	D	W	N	M	P	B	I	I	H	M	M	K	I
L	N	T	F	I	R	E	F	L	I	E	S	Y	A	O	E	C	D	I	I	I	R
C	G	D	W	H	F	E	W	E	Q	R	H	A	T	A	J	A	N	C	N	N	E
O	P	O	O	L	S	I	D	E	P	S	I	F	R	T	J	J	C	I	G	G	W
C	U	O	S	G	A	R	D	E	N	I	N	G	I	I	Y	X	F	H	C	V	O
F	S	R	T	Q	W	A	T	E	R	M	E	L	O	N	T	S	G	T	W	S	R
K	Z	S	C	E	W	B	A	R	E	F	O	O	T	G	R	E	E	N	J	K	K
X	D	V	L	Z	F	N	H	V	A	C	A	T	I	O	N	P	T	L	V	F	S
H	H	K	C	F	C	S	P	L	S	L	B	I	C	Y	C	L	I	N	G	L	Q
Y	W	K	S	U	M	M	E	R	B	U	T	T	E	R	F	L	Y	C	C	K	T

BAREFOOT
BOATING
FESTIVALS
FISHING
GREEN
MOSQUITOES
PICNICS
STEAMY
SWIMMING

BEACH
BUTTERFLY
FIREFLIES
FLOWERS
HIKING
OUTDOORS
POOLSIDE
SUMMER
VACATION

BICYCLING
CAMPING
FIREWORKS
GARDENING
HUMID
PATRIOTIC
POPSICLES
SUNSHINE
WATERMELON

Join us for Future SCP Events



We are planning on hosting our trivia nights and informational forums again in the near future.

As soon as we are able, we will be announcing dates and times. We look forward to seeing our Senior Companion Program members and supporters again!