

Sisters of St. Dominic
Senior Companion Program
5635 Erie St.
Racine, WI 53402



Senior
Companion
Program



NEWSLETTER

Winter 2021

In this season of gift giving and receiving, may you and your family share the greatest gift of all; each others love, care and compassion.

Sending our heartfelt gratitude for all of your gifts and support of our program in so many ways this year.

Wishing you and your loved ones the Spirit of this Blessed holiday season and may it continue throughout the New Year.

*Merry Christmas!
Sue, Laurie and Jeanne*



Our Vision

We recognize and respect the dignity and value of each human being.

Our Mission

The Senior Companion Program, Inc. (SCP) enhances the quality of life for adults through socialization and information.

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Senior Companion Program
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THE BEST GIFT OF ALL

by Sue Craanen

As the Holiday season approaches, we begin to wonder what gift to give to the individuals that mean so much to us. The gift of your presence and attention is the most valuable present you



can give to your loved ones. However, being present doesn't mean just spending time with them. One needs to bring their full self to them. You can do this by not using your phone or thinking about other things that you could be doing. Instead, focus yourself on the person you are with.

In addition, the gift of your presence not only benefits your recipient; but, also you. You may end up feeling happier, less stressed, and more productive. By being more present you can strengthen your relationship. An additional benefit is that it creates less "stuff" out in the world that may surprisingly end up in a landfill.

This year round up family and friends and make some homemade gifts such as: baked goods, flavored syrups, hand soaps, etc. or give experiences not things. Therefore, this season turn off your to-do list, your worries, your cell phone, your tablet and "be here now." As each moment one has is precious.

As the Christmas season is approaching, make it a point whether with family, friends, or co-workers, to give your time and attention as it is the best gift of all!



MEET OUR NEW BOARD MEMBERS



James Pruitt has joined SCP as a board member, agreeing to take a position on the Finance Committee. He has been an attorney since 1990, providing estate planning and elder law for many years. He owns his own law offices here in Racine. Jim has board experience, as he has served on two local school boards in the past. He brings skills in administration, management and nonprofit experience. Jim was a Guardian Ad Litem for the County of Racine for 21 years. Jim said, “I am willing to put forth positive efforts toward the Senior Companion Program to help it to continue its’ important mission to the community.” We know he will be an asset to the program!

Brenda Schuls has generously accepted the position of Chairwoman of the Development Committee. She joined the Senior Companion Program in 2013 as a volunteer. She visited a wonderful woman for years until her passing in 2020. Because of her experiences with the elderly, Brenda believes the volunteer benefits just as much as the senior being visited. She states, “The people doing the visiting are rewarded with new friends and a sense of purpose.” Giving back to the community is important to Brenda. “Making someone’s day better makes me feel like I can make a difference, one person at a time.” She would like to see the program grow. Brenda possesses skills in management, non-profit programs and fundraising. We are so very grateful that Brenda has taken on a new position in the program!



SENIOR SCAM REMINDER

We have all heard about the increasing amount of scams circulating these days. Because Medicare/ Medicaid enrollment takes place this time of year, and tax season is approaching, the scammers are preying upon the senior population more than ever. Callers are posing as government employees or tax consultants asking for personal information over the telephone. They are promising that they can save people money or help make important financial decisions if they only provide their Social Security number and bank account information. Some even threaten that if the senior doesn’t supply this information, their Medicare/Medicaid is going to be terminated.

Please do not fall for these criminal actions. NEVER, EVER give your SS# or bank account information over the phone! Your benefits or tax return cannot be taken away because of phone calls such as these. If you receive one of these calls, simply HANG UP!

AN AFTERNOON OF HALLOWEEN FUN!

The Senior Companion Program is very fortunate to be able to work with the wonderful staff at Elizabeth Gardens Assisted Living. Several of our volunteers visit residents there and hopefully provide sunshine to their lives. The last couple of years have been a challenge for us to come up with creative, safe ways to stay in contact with our members and to provide the socialization that they very much need and deserve.



On Sunday October 31, Elizabeth Gardens hosted a “Trunk or Treat” event in the parking lot of their residence. Children were allowed to go car to car and trick or treat. The residents had just as much fun as the little ghosts and goblins! The weather cooperated which helped to make it a beautiful day.

Elizabeth Gardens has held other outdoor events in the past 18 months to help alleviate loneliness and isolation such as; outdoor chair yoga, a visiting therapy dog and gathering school supplies for area grade schools. Thank you to Maggie and the rest of the staff for the creative ways they bring light to our elderly in darker times.



Winter Word Search

- ADVENT
CAROLING
CHRISTMAS
DECORATIONS
GIFTS
MANGER
RUDOLPH
SLEIGH
THANKSGIVING
TWINKLING
- BELIEVE
CELEBRATIONS
COOKIES
FAMILY
GRATEFUL
ORNAMENTS
SANTA
SNOW
TINSEL
WINTER
- BETHLEHEM
CHRIST
CORNUCOPIA
FEAST
JINGLE
PILGRIMS
SLEDDING
STAR
TURKEY
WREATH

G	T	H	F	A	C	P	C	D	E	C	O	R	A	T	I	O	N	S	W	T	S
F	N	R	U	D	O	L	P	H	O	H	B	T	W	I	N	K	L	I	N	G	F
X	O	Z	N	V	B	C	D	L	W	R	E	C	X	N	W	R	L	I	Y	H	M
G	R	A	T	E	F	U	L	F	U	I	T	O	H	S	T	A	R	E	V	X	E
F	N	O	B	N	K	I	G	I	B	S	H	R	P	E	A	J	K	C	M	W	S
B	A	H	E	T	J	W	Q	T	K	T	L	N	I	L	J	R	Z	H	A	E	L
A	M	M	L	E	N	I	R	S	T	M	E	U	L	W	U	R	J	R	N	G	E
D	E	O	I	N	C	N	N	E	C	A	H	C	G	T	S	L	E	I	G	H	D
R	N	J	E	L	P	T	W	G	A	S	E	O	R	I	Q	C	V	S	E	V	D
I	T	W	V	K	Y	E	P	B	L	T	M	P	I	S	F	V	A	T	R	A	I
B	S	Y	E	Q	U	R	T	O	O	E	H	I	M	M	S	T	K	C	R	B	N
T	H	A	N	K	S	G	I	V	I	N	G	A	S	X	N	F	S	N	O	W	G
C	A	R	O	L	I	N	G	C	E	L	E	B	R	A	T	I	O	N	S	G	V
L	U	N	D	K	X	B	C	O	O	K	I	E	S	S	F	E	A	S	T	X	J

